

ANY QUESTIONS?

If you have any queries or questions regarding the SBC pathway or our health and wellbeing curriculum, please contact your child's headteacher:

Susan Woodyer

Tel: 01721 721 236

or contact the school
office



**The health and wellbeing
of your child matters**

**The National pathway to
support your child to have
healthy relationships**



Priorsford Primary School

What is your child's school doing?

Second Level P7



Scottish Borders are committed to keeping children and young people safe and well.

The National Health and Wellbeing curriculum includes Relationships, Sexual Health & Parenthood (RSHP). All Scottish Borders Schools are committed to ensuring that your child is provided with age and stage appropriate learning to promote and safeguard their health and wellbeing in line with their rights under the United Nations Convention on the Rights of the Child.

This pathway approach has been developed to ensure consistent age and stage learning across the Scottish Borders.



From the age of three to eighteen there are seven levels to make sure that the lessons are age and stage appropriate. Your child is currently in the Second Level which covers Primary 5,6 and 7 (ages 8 to 11 years).

As a parent you have the right to know what we are covering so that:

- You are aware of what the learning will be for your child
- You can ask us questions
- You can reinforce the learning
- You can request more information.

What is included in the learning at the Second Level?

- Your child understanding the link between positive friendships and relationships, and social and emotional wellbeing
- For your child to understand physical changes including puberty and how these can affect emotional responses in themselves and others
- For your child to show empathy and appreciate the personal circumstances of others
- For your child to understand different forms of harm and have the resilience and confidence to seek help when they feel it is necessary e.g. staying safe online, and how they can be protected and helped in and out of school

In Primary 7 your child will experience lessons and activities from : Progression 2, Second Level.

Progression 2

- Menstruation
- How adults plan and prevent a pregnancy: contraception and condoms

You can find the resources we will use at <https://www.rshp.scot>

Your child's class teacher will be leading this learning and may be supported nby other school staff or medical professionals as appropriate.



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