

ANY QUESTIONS?

If you have any queries or questions regarding the SBC pathway or our health and wellbeing curriculum, please contact your child's headteacher:

Susan Woodyer

Tel: 01721 721 236

or contact the school
office



**The health and wellbeing
of your child matters**

**The National pathway to
support your child to have
healthy relationships**



Priorsford Primary School

What is your child's school doing?

First Level P3



Scottish Borders are committed to keeping children and young people safe and well.

The National Health and Wellbeing curriculum includes Relationships, Sexual Health & Parenthood (RSHP). All Scottish Borders Schools are committed to ensuring that your child is provided with age and stage appropriate learning to promote and safeguard their health and wellbeing in line with their rights under the United Nations Convention on the Rights of the Child.

This pathway approach has been developed to ensure consistent age and stage learning across the Scottish Borders.



From the age of three to eighteen there are seven levels to make sure that the lessons are age and stage appropriate. Your child is currently in the First Level which covers Primary 2, 3 and 4 (ages 6 to 8 years).

As a parent you have the right to know what we are covering so that:

- You are aware of what the learning will be for your child
- You can ask us questions
- You can reinforce the learning
- You can request more information.

What is included in the learning at the First Level?

- For your child to develop their understanding of friendships, how friendships are formed, and that likes, dislikes, special qualities and needs can influence relationships
- For your child to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication
- For your child to learn about respecting their body and what behaviour is right and wrong, and to know who to talk to if they are worried about this
- For your child to know that there are behaviours that are harmful and the importance of them feeling safe, and knowing how they can be protected and helped in, and out of school

In Primary 3 your child will experience lessons and activities from : Progression 1, First Level.

Progression 1

- My family/All our families are different
- Feelings and safety
- Similarity, diversity and respect
- Keeping Clean

You can find the resources we will use at

<https://www.rshp.scot>



Your child's class teacher will be leading this learning and may be supported by other school staff or medical professionals as appropriate.

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