WEEK 1: 21/4/25, 19/5/25, 16/6/25, <mark>14/7/25</mark>, <mark>11/8/25</mark>, 8/9/25, 6/10/25

(Regen Week 3)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN Option 1 Soup	Lentil	Vegetable	Leek and Potato	Lentil	-
	Chicken	Chicken	Ham	Chicken	Ham
Sandwich Choice	Egg	Egg	Egg	Egg	Egg
(Spread optional)	Tuna	Tuna	Tuna	Tuna	Tuna
	Cheese	Cheese	Cheese	Cheese	Cheese
	Chicken Sausages	Katsu Chicken (goujon)	Roast Beef in Gravy	Chicken Meatballs in	Beef Burger in a Roll
MAIN	Chips	Curry	Roast Potatoes	Tomato Sauce with Pasta	Veg Sticks
Option 2	Baked Beans	Rice	Yorkshire Pudding	Garlic Bread *m/c soya	
	Salad	Vegetables	Vegetables	Salad	
MAIN Option 3 (V)	Free-Range Omelette Chips Baked Beans Salad	Macaroni Cheese broccoli Salad	Vegan Sausages in Gravy Roast Potatoes Yorkshire Pudding Vegetables	Sweet Potato and Coconut Curry Rice Vegetables	Quorn Vegan Nuggets in a Roll Veg Sticks
DESSERT	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit	Yoghurt with Sliced Fruit or Selection of Fresh Fruit	Yoghurt with Sliced Fruit Or Selection of Fresh Fruit	Yoghurt with Sliced Fruit or Selection of Fresh Fruit	Selection of Fresh Fruit and
	Or Sponge Cake with Sliced Fruit	or Fruity Tuesday	or Brownie with Sliced Fruit	or Fruity Thursday	Custard Cream with Sliced Fruit

Soup and a Sandwich selection includes vegetable sticks, a drink and a dessert. Dessert options include home baking or yoghurt on a Monday, Wednesday and Friday. On Tuesdays and Thursday yoghurt will be available. Fruit is on offer in addition to yoghurt and home baking where stated.

Drinks include milk or water.

WEEK 2: 28/4/24, 26/5/25, 23/6/25, 21/7/25, 18/8/25, 15/9/25, 13/10/25

(Regen Week 4)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN Option 1 Soup	Lentil	Vegetable	Leek and Potato	Lentil	-
Sandwich Choice (Spread optional)	Chicken Egg Tuna Cheese	Chicken Egg Tuna Cheese	Ham Egg Tuna Cheese	Chicken Egg Tuna Cheese	Ham Egg Tuna Cheese
MAIN Option 2	Salmon Nibbles Potato Smiles Peas and Salad	Chicken Fajitas Rice Salad	Mince and Potato Vegetables	Chicken and Ham Pasta Garlic Bread *m/c soya Salad	BBQ Chicken in a Roll Veg Sticks
MAIN Option 3 (V)	Cheese and Tomato Pizza Potato Smiles Peas and Salad	Meat Free Bolognaise Pasta Garlic Bread *m/c soya Vegetables	Meat Free Mince and Potatoes Vegetables	Jacket Potato with Baked Beans and Cheese Salad	Vegetable Burger in a Roll Veg Sticks
DESSERT	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit Or Shortbread with Sliced Fruit	Yoghurt with Sliced Fruit or Selection of Fresh Fruit or Fruity Tuesday	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit or Peach Crumble and Custard	Yoghurt with Sliced Fruit or Selection of Fresh Fruit or Fruity Thursday	Selection of Fresh Fruit or Chocolate Cake with Sliced Fruit

Soup and a Sandwich selection includes vegetable sticks, a drink and a dessert. Dessert options include home baking or yoghurt on a Monday, Wednesday and Friday. On Tuesdays and Thursday yoghurt will be available. Fruit is on offer in addition to yoghurt and home baking.

Drinks include milk or water.

WEEK 3: 5/5/25, 2/6/25, <mark>30/6/25</mark>, <mark>28/7/25</mark>, 25/8/25, 22/9/25

(Regen Week 1)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN Option 1 Soup	Lentil	Vegetable	Leek and Potato	Lentil	-
Sandwich Choice (Spread optional)	Chicken Egg Tuna Cheese	Chicken Egg Tuna Cheese	Ham Egg Tuna Cheese	Chicken Egg Tuna Cheese	Ham Egg Tuna Cheese
MAIN Option 2	Battered Fish Chips Peas and Salad	Pasta Bolognaise Garlic Bread *m/c soya Vegetables	Potato Topped Chicken and Ham Pie Vegetables	Chicken Tikka Rice Vegetables	Pork Sausage in a Roll Veg Sticks
MAIN Option 3 (V)	Quorn Dippers Chips Peas and Salad	Quorn Korma Rice Vegetables	Vegan Sausages Mashed Potato Baked Beans Salad	Macaroni Cheese broccoli Salad	Vegan Sausage Roll (pastry) Veg Sticks
DESSERT	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit Or Banana Muffin with Sliced Fruit	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit Or Fruity Tuesday	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit Or Jelly and Ice Cream and Fruit	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit Or Fruity Thursday	Choice of Fresh Fruit or Marble Cake with Sliced Fruit

Soup and a Sandwich selection includes vegetable sticks, a drink and a dessert. Dessert options include home baking or yoghurt on a Monday, Wednesday and Friday. On Tuesdays and Thursday yoghurt will be available. Fruit is on offer in addition to yoghurt and home baking.

Drinks include milk or water.

WEEK 4: 12/5/25, 9/6/25, <mark>7/7/25</mark>, <mark>4/8/25</mark>, 1/9/25, 29/9/25

(Regen Week 2)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN Option 1 Soup	Lentil	Vegetable	Leek and Potato	Lentil	-
Sandwich Choice	Chicken	Chicken	Ham	Chicken	Ham
(Spread optional)	Egg	Egg	Egg	Egg	Egg
	Tuna	Tuna	Tuna	Tuna	Tuna
	Cheese	Cheese	Cheese	Cheese	Cheese
MAIN Option 2	Salmon Fish Fingers Potato Smiles Peas and Salad	Beef Meatballs in Gravy Roast Potatoes Vegetables	Chicken Korma Rice Vegetables	Beef Lasagne Garlic Bread *m/c soya Vegetables	Chicken Grill in a Roll Veg Sticks
MAIN Option 3 (V)	Cheese and Tomato Pizza Potato Smiles Peas and Salad	Cauliflower Cheese Roast Potatoes Vegetables	Jacket Potato with Baked Beans and Cheese Salad	Meat Free Fajitas Rice Salad	Quorn Burger in a Roll Veg Sticks
DESSERT	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit Or Chocolate Cookie with Sliced Fruit	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit Or Fruity Tuesday	Yoghurt with Sliced Fruit or Choice of Fresh Fruit or Lemon Muffin with Sliced Fruit	Yoghurt with Sliced Fruit Or Choice of Fresh Fruit Or Fruity Thursday	Choice of Fresh Fruit or Flapjack with Sliced Fruit

Soup and a Sandwich selection includes vegetable sticks, a drink and a dessert. Dessert options include home baking or yoghurt on a Monday, Wednesday and Friday. On Tuesdays and Thursday yoghurt will be available. Fruit is on offer in addition to yoghurt and home baking.

Drinks include milk or water.